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Secker finishes Trans Europe Footrace

By **Pamela LeBlanc** | Monday, June 22, 2009, 06:09 PM



Congrats to Russell Secker, who on Sunday finished the Trans Europe Footrace.

Secker, of Austin, ran nearly 3,000 miles in 64 stages — an average of 45 miles a day for 64 straight days. That's him wearing two Gore-Tex jackets at the finish line, above.

He wrote in his blog that he came in 30th out of 68 runners who started the odyssey.

"One competition that I DID win was body fat loss as measured by the MRI docs. I am now officially devoid of all body fat. I solemnly promise that I will never do anything this crazy ever again," he wrote.

I'm recording that so his wife Claire can remind him of what he said the next time he gets a crazy idea.

Now, he's hungry.

"Since I woke at 2:30 a.m., I just can't stop eating or thinking about food," he wrote early Monday morning as he prepared to catch a ride to the airport. "My brain and body have gone into ravenous overdrive. As I'm spending all day on planes or hanging about in Norwegian airports (Alta, TromsÅ and now Oslo), my credit card has been hit with the equivalent of the GDP of a third world country. Happy now, Mastercard? Mmmm, just spotted a Pizza Hut....lucky I've nearley finished this shrimp baguette."

I'm looking forward to catching up with Secker when he gets back to Austin later this week.

Amazing... Look for an article in the newspaper later this week about Secker's adventure.

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